			Technical Report Documentation Page
1. Report No. FHWA/TX-08/0-5657-1	2. Government Accessio	n No.	3. Recipient's Catalog No.
4. Title and Subtitle EFFECTIVENESS OF THE "TEENS IN THE DRIVER PROGRAM" IN TEXAS		ER SEAT	 5. Report Date October 2007 Published: January 2008 6. Performing Organization Code
			o. renorming organization code
7. Author(s) Russell H. Henk, Valmon J. Pezolo	dt, and Katie N. Wo	omack	8. Performing Organization Report No. Report 0-5657-1
9. Performing Organization Name and Address Texas Transportation Institute The Texas A&M University Syste	m		10. Work Unit No. (TRAIS) 11. Contract or Grant No.
College Station, Texas 77843-313			Project 0-5657
12. Sponsoring Agency Name and Address Texas Department of Transportation Research and Technology Implement			13. Type of Report and Period Covered Technical Report: November 2006-August 2007
P. O. Box 5080 Austin, Texas 78763-5080			14. Sponsoring Agency Code
 15. Supplementary Notes Project performed in cooperation v Administration. Project Title: Assessing the Effective URL: http://tti.tamu.edu/document 	iveness of the "Teer	-	
 16. Abstract The goal of this research project w Program in Texas. The first peer-to States, the TDS Program, was depl 2006-2007 school year. Targeted a peer influence in a positive way by while driving – namely: 1) driving and cell phones/texting); 3) speedi Attitudinal surveys, field studies, f means used to assess the impact of than "drinking and driving," which 	b-peer driver educat loyed at approximat at fighting the numb y helping teens incre- at night; 2) distract ng; 4) not wearing a focus groups, and th f the program. Analy n is already very hig	tion and awareness tely 60 schools in T per one killer of teen ease awareness of t tions (primarily in t a seat belt; and 5) a te TDS Program we syses indicate aware th) has improved 40	a program for teens in the United Texas during the course of the ons in America, the program uses the most common risks teens face the form of other teen passengers alcohol use. ebsite statistics were some of the eness of the common risks (other 0 to 200+ percent, while field
studies indicate seat belt use is an average of 11 percent higher and cell phone use/texting is 30 percent lower at "program schools" as compared to a control group of schools at which the program has never beer deployed. Website traffic for <u>www.t-driver.com</u> has increased over 1,500 percent in the past 18 months, with a current average of 20,000+ hits per month and an average duration of time spent at the site having doubled this year to a current level of eight minutes. Personal interviews indicate the program is popular with teens, and they feel the peer-to-peer approach is productive and serves a number of beneficial purposes for them.			
^{17. Key Words} Teen Drivers, Driving Safety, Edu Field Studies	cation-Outreach,	public through N	This document is available to the TIS: cal Information Service jinia 22161

19. Security Classif.(of this report)	20. Security Classif.(of th	nis page)	21. No. of Pages	22. Price
Unclassified	Unclassified		44	

EFFECTIVENESS OF THE "TEENS IN THE DRIVER SEAT PROGRAM" IN TEXAS

by

Russell H. Henk, P.E. Senior Research Engineer Texas Transportation Institute

Valmon J. Pezoldt Research Scientist Texas Transportation Institute

and

Katie N. Womack Senior Research Scientist Texas Transportation Institute

Report 0-5657-1 Project 0-5657 Project Title: Assessing the Effectiveness of the "Teens in the Driver Seat Program" in Texas

> Performed in cooperation with the Texas Department of Transportation and the Federal Highway Administration

> > October 2007 Published: January 2008

TEXAS TRANSPORTATION INSTITUTE The Texas A&M University System College Station, Texas 77843-3135

DISCLAIMER

The contents of this report reflect the views of the authors, who are solely responsible for the facts and accuracy of the data, opinions, and conclusions presented herein. The contents do not necessarily reflect the official views or policies of the Texas Department of Transportation (TxDOT) or the Federal Highway Administration (FHWA). This report does not constitute a standard or regulation, and its contents are not intended for construction, bidding, or permit purposes. The names of specific products or manufacturers listed herein do not imply endorsement of these products or manufacturers. The engineer in charge of this project was Russell H. Henk, P.E. (Texas #74460).

The United States Government and the State of Texas do not endorse products or manufacturers. Trade or manufacturers' names may appear herein solely because they are considered essential to the object of this report.

ACKNOWLEDGMENTS

This effort was conducted under a cooperative research program between the Texas Transportation Institute (TTI), TxDOT, and FHWA. Shawna Russell of TxDOT's Administration was the Project Director (PD), while Lauren Garduno of the TxDOT Odessa District served as the Program Coordinator (PC). Other TxDOT members of the Project Monitoring Committee included Ismael Soto and Kathy Neeley. Wade Odell and Sandra Kaderka of TxDOT's Research and Technology Implementation Office were active participants in project management meetings and also provided valuable input during the course of this project.

TABLE OF CONTENTS

Page

LIST OF FIGURES	viii
LIST OF FIGURES LIST OF TABLES	ix
CHAPTER 1. INTRODUCTION	
BACKGROUND AND SIGNIFICANCE OF WORK	
INTRODUCING THE PROGRAM	
DEPLOYING THE PROGRAM	
CHAPTER 2. ASSESSMENTS OF THE TDS PROGRAM	9
ATTITUDINAL SURVEY	
FIELD STUDIES	
PERSONAL INTERVIEWS	
WEBSITE USE	
CRASH DATA ANALYSIS	
CHAPTER 3. CONCLUSIONS AND RECOMMENDATIONS	
REFERENCES	
APPENDIX: ATTITUDINAL SURVEYS	

LIST OF FIGURES

Page

Figure 1.	TxDOT Districts Where TDS Program Deployment Occurred,	
	2006-2007 School Year	4
Figure 2.	TDS Program Promotional Items.	5
Figure 3.	TDS Promotional Item Order Form.	6
Figure 4.	Snapshot of the TDS Website, www.t-driver.com	7
Figure 5.	Results of Pre- and Post-Assessments of TDS Program Pilot Study, San Antonio,	
	Texas, 2002-2003 (n=2,800)	. 11
Figure 6.	Website Hits per Month, Late 2005 to Present	. 16
Figure 7.	15-19 Year-old Drivers in Fatal Crashes in Texas.	. 19
Figure 8.	15-19 Year-old Driver Fatalities in Texas	. 19
Figure 9.	15-19 Year-old Drivers in Speed-related Fatal Crashes	. 20
Figure 10	. 15-19 Year-old Speed-related Driver Fatalities.	20
Figure 11	. 15-19 Year-old Drinking Drivers in Fatal Crashes	. 21
Figure 12	. 15-19 Year-old Drinking Driver Fatalies	. 21
Figure 13	. 15-19 Year-old Passenger Fatalies in Vehicle with 15-19 Year-old Drivers	. 22
Figure 14	. 15-19 Year-old Drivers in Fatal Crashes from 10:00 PM to 6:00 AM	. 22
Figure 15	. 15-19 Year-old Driver Fatalities from 10:00 PM to 6:00 AM	. 23

LIST OF TABLES

Page

Table 1. TDS Program Schools, 2006-2007	2
Table 2. Schools and Respective Surveys Completed, Pre-TDS Deployment	
Table 3. Driving Risk Awareness Among Teens in Texas	
Table 4. Summary of Driving Behavior Among Teens in Texas	
Table 5. Teen Seat Belt Use in the Garland School District, 2007	13
Table 6. Teen Seat Belt Use, Garland versus Mesquite School District, April 2007	13
Table 7. Wireless Device Use by Drivers in Garland and Mesquite School Districts,	
Spring 2007 - Post TDS Program Deployments	14
Table 8. 15-19 Year-old Driver Involvement in Fatal Crashes and Driver Casualties	17

CHAPTER 1. INTRODUCTION

BACKGROUND AND SIGNIFICANCE OF WORK

Nationwide, approximately 6,000 teens die in vehicle crashes **each year** – that is the equivalent of a commercial jet full of teens crashing to the ground once per week – costing the U.S. \$41 billion dollars per year. It is, far and away, the number one killer of teens in America and accounts for 70 percent of teen injuries and deaths.

In Texas alone, the loss of life is greater than any other state, averaging more than 500 young drivers per year, with teens showing up in 22 percent of all car crashes (compared to the national average of 15 percent). These crashes result in an economic loss of \$3.5 billion per year in our state. In addition to the magnitude of lives lost, statistics indicate that on a per-mile driven basis, 15 and 16-year old drivers are approximately 10 times more likely to be killed in a car crash than those age 30 to 50 years old, with approximately 100 teen injuries being incurred for every fatality. Clearly this is a significant problem that is only getting worse, and one in which Texas is a leader in a number of undesirable respects.

Research has shown that virtually all of the crashes involving young drivers are caused by inexperience coupled with one or more of the five major risks that young drivers face: 1) driving at night, 2) distractions (primarily other teen passengers and cell phones/texting), 3) speeding, 4) not wearing a seat belt, and 5) alcohol use. Furthermore, the research shows that, outside of alcohol use, teen drivers and their parents are largely unaware of these risks.

To combat this growing problem, The Texas Transportation Institute (TTI) developed an innovative peer-to-peer program entitled "Teens in the Driver Seat" (TDS). The program provides students access to age-specific crash statistics, safe driving tips, risk factors, a "how-to" guide for promoting awareness at their school(s), videos and other online resources geared to developing sustainable safe driving projects unique to the students and their school environment. The TDS Program targets young people directly to help develop and deliver the right message. It is designed to address both awareness and behavior by turning peer pressure in a positive and productive direction.

As this program deployment grows throughout the State of Texas, it will be valuable to know if the program is bringing about changes in teen driver awareness and behavior, and if so, how and to what extent. The purpose of this study is to conduct such assessments so as to enable TxDOT to gauge the potential benefits of continuing deployment and support of the TDS Program.

The subsequent sections of this introductory chapter outline the basic elements of the TDS Program and deployment activities to date. The following chapters describe attitudinal surveys, field studies, and focus group sessions (and their findings) that were all used to conduct an assessment of TDS Program impacts on teen driving risk awareness and behavior.

INTRODUCING THE PROGRAM

Working with the Texas Department of Transportation (TxDOT) in a number of districts throughout the State of Texas, TTI introduced the TDS Program at approximately 50 high schools during the 2006-2007 school year. A summary of participating schools, their general location, student population, and the number of TDS promotional items provided to the school for program deployment is provided in Table 1. As noted in Figure 1, the schools that participated in the program were geographically dispersed throughout the State of Texas, with a good distribution of both urban and rural schools.

High School	City	Student Population	TDS Promo Items Distributed
Abilene	Abilene	2,416	1,000
Alvarado	Alvarado	1,044	1,000
Palo Duro	Amarillo	1,831	1,000
Akins	Austin	2,042	900
Hays	Buda	2,287	1,000
Burkeville	Burkeville	206	1,000
Cuero	Cuero	718	1,000
Eagle Pass	Eagle Pass	1,918	1,000
Spring Lake Earth	Earth	102	500
Americas	El Paso	2,758	1,000
Del Valle	El Paso	1,861	1,000
El Dorado	El Paso	1,762	1,000
Keys Academy	El Paso	126	727
Mission Early College	El Paso	1,969	270
Montwood	El Paso	2,814	1,000
Socorro	El Paso	2,663	1,000
Ferris	Ferris	603	1,000
Garland	Garland	2,483	1,000
Lakeview Centennial	Garland	2,031	1,000
Naaman Forest	Garland	2,255	1,000
North Garland	Garland	2,499	0
South Garland	Garland	2,231	1,155
Giddings	Giddings	581	1,300
LBJ	Johnson City	213	400
Karnes	Karnes	275	901
Lamesa	Lamesa	659	1,000
Vista Ridge	Leander	1,446	1,375
Liberty Hill	Liberty Hill	510	900
Littlefield	Littlefield	425	800
Llano	Llano	510	350
Lockhart	Lockhart	971	450

Table 1. TDS Program Schools, 2006-2007.

High School	City	Student TDS Promo	
		Population	Distributed
Louise	Louise	268	100
Lubbock Cooper	Lubbock	619	375
Marble Falls	Marble Falls	1,046	1,500
Mason	Mason	216	1,200
Greenwood	Midland	513	500
Mount Pleasant	Mt. Pleasant	1,358	1,000
Muleshoe	Muleshoe	1,467	250
Odessa	Odessa	2,368	2,500
Little Cypress	Orange	1,100	500
Plains	Plains	148	1,001
Rowlette	Rowlette	2,613	1,000
Sachse	Sachse	2,360	1,000
Communications Arts	San Antonio	456	0
Incarnate Word	San Antonio	602	600
Robert E. Lee	San Antonio	2,500	1,000
Shallowater	Shallowater	1,281	Shirts only
Robert E. Lee	Tyler	1,988	1,000
West	West	550	1,000
Whitehouse	Whitehouse	1,135	1,700
Yoakum	Yoakum	526	1,000
	Totals	67,323	50,254

Table 1. TDS Program Schools, 2006-2007, continued



Figure 1. TxDOT Districts Where TDS Program Deployment Occurred, 2006-2007 School Year.

DEPLOYING THE PROGRAM

Following the introductory informational meetings, TTI staff will typically conduct one-on-one visits with the schools that express interest in implementing the TDS program. These meetings usually involve a counselor or student council sponsor and the TDS teen team. Occasionally, presentations are made to the entire student body, but this has been found to be less effective than small group sessions. In a small group setting, the students are free to discuss their ideas more effectively for making the program a success at their school. Groups of 10 to 12 teens seem to be the ideal size – providing both enough critical mass for sustained activity, but still being a small enough group to facilitate better bonding and buy-in amongst team members. As noted in Table 1, most schools took advantage of the availability of promotional items and distributed them in conjunction with project deployment activities. In total, more than 50,000 promotional items were distributed during the course of the 2006-2007 school year, and the program information was exposed to approximately 67,000 high school students in Texas. Illustrated in Figure 2 is a sample of the promotional items that are available to the schools, while the promo item order form is shown in Figure 3.



Figure 2. TDS Program Promotional Items



ORDER FORM - 1st Year

For Public Schools in Texas

**The starter kit is <u>FREE</u>. ** It includes up to 1,000 promotional items of your choice with limits per item (noted below) per school year. In addition, up to a dozen t-shirts or jerseys are available for the teens working on the project. You may purchase additional items at your own expense through a vendor. Downloadable artwork is provided at t-driver.com.

Promotional Items # **T-shirts** # # Jerseys **Air Fresheners** Small Small (Limit 250) Decals Medium Medium (Limit 500) Key chains Large Large (Limit 250) Youth size Wristbands X-Large X-Large (Limit 250) Adult size Wristbands XX-Large XX-Large (Limit 250) NOTE: Private schools wishing to deploy the Teens in the Driver **Business Cards** Seat Program can download the artwork at no charge. You may (Limit 500) also contact us directly at 210.979.9411 or email Russell Henk at Pens r-henk@tamu.edu to discuss how we can help your get program (Limit 500) started or email Kandis Salazar to order promotional items at Folder with DVD k-salazar@tamu.edu. FAX 210.979.9694 (Limit 2)

Please type the physical address ** NO P.O. BOXES**

School/Organization Name:	Name and school position of primary point of contact:
Street:	Phone Number:
City:	E-Mail Address:
State: Zip:	Date promotional items needed:
Comments:	

Figure 3. TDS Promotional Item Order Form.

The program website at <u>www.t-driver.com</u> has a wide variety of free materials that teens can use to aid their deployment of a teen safety project. Examples of these materials include testimonial and short-story videos, posters, artwork, the How-To Guide, Action Plan templates, etc. A popular section of the website is the "School Highlights" page where teens can share descriptions and pictures of what they are doing to improve teen driving safety at their school, and it also serves as an easy way for teens who are new to the program to get ideas from other schools. A snapshot of the website is shown in Figure 4.



Figure 4. Snapshot of the TDS Website, <u>www.t-driver.com</u> .

CHAPTER 2. ASSESSMENTS OF THE TDS PROGRAM

The various ways in which the TDS Program was assessed in this project can be placed into the categories of: 1) attitudinal surveys; 2) field studies; 3) personal interviews; 4) website use; and 5) crash data analysis. The following sections of this chapter describe the procedures and findings of each of these assessment areas

ATTITUDINAL SURVEY

The most broad-based way in which attempts were made to assess the TDS Program was through a comprehensive attitudinal survey that consisted of two parts and a total of 38 questions. The first part of the survey was an open-ended question that asked the teen to name the top five risks that teens face when they drive. This part of the survey was administered first, and then collected prior to the distribution of Part 2 of the survey. This approach was taken, because many of the driving behavior questions in the balance of the survey were focused on the frequency with which the teen participated in a risky driving behavior. In other words, Part 2 of the survey essentially includes the answers to Part 1. The approach cited was taken in order to gauge the teen's true awareness without the opportunity of seeing the answers.

The survey was available on paper and online. It was anticipated that teens and schools might like to use the option of online survey completion. As it turned out, however, all of the schools that cooperated and completed surveys chose to administer them on paper. The paper copies were provided (by TTI) to the schools to distribute–typically during an advisory class of some kind. TTI staff then collected the surveys and reduced the data contained therein.

A summary of the schools that completed pre-program surveys is shown in Table 2, while a complete copy of the survey is included in the appendix. A total of over 2,800 surveys were completed prior to TDS Program deployment – primarily in the fall of 2006.

High School	Student Population	pulation No. of Surveys Classification	
		Completed	(Urban vs. Rural)
Cuero	718	140	Rural
Garland	2,483	192	Urban
Lakeview	2,031	78	Urban
Mason	216	73	Rural
Naaman Forest	2,255	232	Urban
North Garland	2,499	32	Urban
Odessa	2,368	870	Urban
Rowlett	2,176	127	Urban
Sachse	2,314	56	Urban
South Garland	2,231	228	Urban
Vista Ridge	1,446	325	Rural
Whitehouse	1,135	467	Rural
Totals	21,872	2,820	

 Table 2. Schools and Respective Surveys Completed, Pre-TDS Deployment.

The classification of schools as "urban" versus "rural" was based upon the size of the community and the student population. If the community was over 100,000 in population and the high school student population was greater than 2,000, that school was considered to be urban (and is less, rural). Using these benchmarks to differentiate between the two left no "marginal" high schools where it was difficult to decide how to classify them. This nomenclature was used to examine basic awareness levels and the frequency with which teens took part in risky driving behaviors. Using this "rural" versus "urban" breakdown, a summary of awareness and behaviors are noted in Tables 3 and 4, respectively. With regard to risk awareness (as shown in Table 3), teens in both rural and urban areas have the highest awareness of "drinking and driving" as a risky behavior for teen drivers. Cell phone use and text messaging are generally well known as risks, and roughly 50 percent of teens recognize the danger of speeding. Although, the awareness of speeding as a risk is about 10 percent lower among rural teens, as compared to urban teens. The awareness levels for the risks of teen passengers, not wearing a seat belt and driving at night are relatively low for both groups and offer the areas for greatest improvement of awareness (and possibly behavior).

Risk	% Awareness, Urban Teens Sample size (n) = 1,690	% Awareness, Rural Teens Sample size (n) = 1,249
Drinking & Driving	83.6	85.8
Cell Phone/Texting	65.6	60.5
Speeding	52.6	42.1
Teen Passengers	26.3	28.9
Seat Belt Use	14.8	13.4
Driving at Night	1.1	3.7

As illustrated in Figure 5, these recent assessments of teen risk awareness in Texas are very similar to the results of the pre- and post-assessment conducted for the TDS Program pilot project in San Antonio in 2002-2003. Prior to TDS Program deployment, risk awareness was lowest for the risks of teen passengers, speeding and driving at night, while drinking and driving was a well-known risk.



Figure 5. Results of Pre- and Post-Assessments of TDS Program Pilot Study, San Antonio, Texas, 2002-2003 (n = 2,800).

The data presented in Table 4 provide insights into driving behavior among teens in Texas. Responses to several survey questions (noted in Table 4) are broken down by gender and "urban" versus "rural" in order to examine any differences that may be relevant. In all cases, sample sizes are greater than 1,000, and gender distribution among the sample population is very even. Some of the more interesting highlights include the fact that males are more likely than females to speed (and receive a speeding ticket), drive without a seat belt, and talk on their phone while driving. More alarmingly, teens in rural areas appear much more likely to be engaged in risky driving behavior than teens in urban areas. It is not possible to determine the root causes within the data collected in this project, but the differences are very significant and suggest that outreach through the TDS program is, in relative terms, more critical in rural areas of Texas at this time. Rather alarming are the facts that teens in rural communities (in comparison to "urban" teens) are: 1) roughly 3 times as likely to have received a speeding ticket; 2) twice as likely to be "texting" while driving; 3) twice as likely to talk on a cell phone while driving; and 4) drive much more frequently at night.

Question	% Yes Male (n=1,371)	% Yes Female (n=1,386)	% Yes Urban (n = 1,820)	% Yes Rural (n = 1,005)
Have you received a speeding ticket?	15.7	9.1	6.7	22.3
Do you "text" while driving?	24.9	23.1	16.9	36.0
Do you drive with no seat belt?	12.6	6.0	8.6	10.3
Do you talk on cell phone while driving?	39.0	32.3	25.9	52.0
Do you drink & drive?	6.9	4.0	5.5	5.5
Do you drive after 10 p.m.?	52.0	45.2	38.7	64.8

Table 4. Summary of Driving Behavior Among Teens in Texas.

While the data acquired in the pre-program surveys was significant in size and certainly of value, attempts to obtain post-program survey data were unsuccessful. TTI staff made numerous attempts at all of the schools listed in Table 2 (e.g., phone calls, e-mails, and personal visits with teacher sponsors) but to no avail. At this time, no post-assessment of TDS Program deployment during the 2006-2007 school year can be conducted via attitudinal surveys. All is not lost, however, as the data obtained to date (only some of which are outlined in Tables 3 and 4) can still be used as the pre-program basis. Many of the schools noted in Table 2 continue to have interest in the TDS Program and are planning future activities. Every effort will be made to continue the pursuit of post-program data for these schools—the prospects for accomplishing that goal appear to be very good.

FIELD STUDIES

Field assessments of teen driving behavior were also conducted as a part of this project. These field observations focused on safety belt use (among teen drivers and passengers) and the use of wireless devices by teen drivers. The pre-TDS Program field studies were conducted during the time period of January 26, 2007, through February 5, 2007, while the post-TDS Program assessments were conducted between April 1 and 10, 2007. All of these field studies were conducted on weekdays in the Garland and Mesquite School Districts at signalized intersections near high schools.

Summarized in Tables 5 and 6 are the data obtained in association with the assessment of seat belt use. The pre- and post-assessments at Garland schools indicate an overall improvement in seat belt use of about 9 percent, with a boost in back seat belt usage of 15 percent. In addition to pre- and post-assessments conducted at several schools in the Garland School District, seat belt use observations were also made at several schools in the neighboring Mesquite School District. The sample size of the observations was 1,308 at Garland schools and 1,672 at schools in that district that had any significant exposure to the TDS Program. As noted in Table 6, overall seat belt use at Garland schools – who deployed the TDS Program – was higher, particularly in the case of back seat belt use. Statistical analyses indicate that both the pre-and post-program improvements at Garland schools, as well as the control group differences with Mesquite schools, are statistically significant at a 95 percent confidence interval.

Table 5. Teen Seat Belt Use in the Garland School District, 2007.

High Schools	Dri	vers (%)	Back	Back Seat (%)		Back Seat (%) Overall (%		erall (%)
	Feb (pre)	April (post)	Feb (pre)	April (post)	Feb (pre)	April (post)		
Total of 4 High Schools in Garland School District	84.3	90.8	42.0	48.8	79.3	85.7		
Percent Change	+	-7.7%	4	-15%	+	8.5%		

Sample size (n) = 1,308

Table 6. Teen Seat Belt Use, Garland versus Mesquite School District, April 2007.

Category	Garland, with TDS Program (n = 1,308)	Mesquite, no TDS Program (n = 1,672)
Driver	90.8 (+ 8.6%)	83.6
Front Passengers	77.3 (+ 14.7%)	67.4
Back Passengers	48.8 (+ 80.7%)	27.0
Overall	85.7 (+ 11%)	77.4

In addition to seat belt use assessments, observations were also made regarding the use of any wireless device by drivers. A "positive" observation of wireless device use included cell phones and text messaging devices. A "positive" versus "negative" use was only recorded if a strong visual confirmation could be made. The results of this assessment are summarized in Table 7 and reflect a "control group" comparison between Garland and Mesquite schools. Of noteworthy

interest is the fact that this field assessment also included adults. Teen driver use of wireless devices tended to be much lower during the morning peak period (7 to 8 a.m.) in comparison to the afternoon peak period (4 to 5 p.m.). Teen drivers in Garland schools were (post TDS Program deployment) observed to be doing a better job of not using wireless devices in comparison to their counterparts in Mesquite schools. In relative terms, the use of these devices by Garland teen drivers was 30 percent less than teens in Mesquite. Teens in Garland were also doing better in comparison to their parents/adult counterparts in their community, while the teen and adult uses of devices in Mesquite was very similar. These data perhaps point out a positive impact of the TDS Program, as well as the importance of parents/adults to set a positive example of safe driving habits for young drivers. With parent-taught driving allowed in Texas and roughly half of teens currently receiving their driving instruction in this fashion, the role of adults "setting good examples" is particularly important. Stated alternatively (as it relates to the data from Mesquite), teen drivers in Mesquite appear to be mimicking (i.e., doing the same thing as) their parents and/or adults in their community.

Table 7. Wireless Device Use by Drivers in Garland and Mesquite School Districts,Spring 2007 – Post TDS Program Deployment.

Category	Garland, with TDS Program	Mesquite, no TDS Program
Teens, afternoon peak period	12.6 % (-30%)	18.0%
Teens, morning peak period	3.5% (-46%)	6.5%
Adults, afternoon peak period	17.5%	16.6%

Sample size (n) = 1,078 for teens and 1,263 for adults

PERSONAL INTERVIEWS

One method of determining the effectiveness of the Teens in the Drivers Seat program is to examine the effect on the students responsible for its delivery. Questions of interest include: How do the students involved view the program's effectiveness? What areas do they see as strengths or as needing improvement and what recommendations do they have? What is their view of the program's impact on others and on themselves?

Student TDS leaders in Garland were contacted for interviews. Contacts were made from the complete list of Youth Council participants for the 06-07 school year. Follow-up correspondence was either by e-mail or phone at the student's discretion.

The information received from students indicated that a major factor in the success of the Garland program was the initial press conference. This event was described as a great opportunity for the students involved. When asked if the questions from the media were intimidating and how it felt to be part of the event, one student responded: "I liked it a lot. There were other Student Council members there who could answer questions if you got stuck on one.

I could see the benefit of the event because the press conference got the message out. It enabled all the students to see the effort that was being put on being safe."

Another student described her participation in the press event as a privilege, and that following the press conference she was able to "take the program back to [her] school campus and spread the word."

The students who took a lead role in the program were the first learners of the messages. One student gave an example: "When I first heard about the five biggest risks I was actually surprised that drinking and driving wasn't the biggest and only one. I learned how important it is to be more careful."

Regarding the leaders' assessment of the effectiveness of the program, the students were able to convey personal testimonials that indicated to them that the program worked. One leader said another council member who had decided to take a lead role the next year was impacted by the cut-outs of students in the hallways. She herself was most impacted by the mock wreck. In both cases, the realization that teens lose their lives in traffic collisions purportedly affected their driving and riding behavior.

The interview(s) revealed that implementation of the activities was facilitated best by the information taught to the teens by the TTI project staff. "They made the information easy to learn and very understandable."

The area that could use some improvement and/or support from sponsors is in getting the word out more broadly and putting more messages into action. However, while the teens involved were highly in favor of adult guidance and assistance, they also very much want the program to continue as a peer-to-peer effort. As one student commented: "I know at the schools they are extremely concerned about students who die, especially during the more dangerous periods like prom. I know this program works and my personal hope is that it continues and that it grows."

WEBSITE USE

As noted previously, a wide variety of the tools and materials that teens can use to help them deploy the TDS Program are posted on the program website at <u>www.t-driver.com</u>. These materials are available at no cost to the public. The website was notably modified and improved in late 2005 and has shown a significant increase in traffic since that time. As illustrated in Figure 6, the website experienced a 1,500 percent increase in monthly hits from late 2005 to late 2006. The last full month of available data (July 2007) indicates the most monthly website hits to date, at 23,600. The total number of website visits now stands at approximately 200,000. Also worth noting is that the average length of time spent on the website has doubled over the course of the past year and now stands at eight minutes per user. These data collectively suggest that, not only are more people finding and accessing the site, but, on average, they are spending more time at the site than in the past–suggesting that they are finding increased value in the materials contained therein.



t-driver.com Web Statistics (monthly hits x 1,000)

Figure 6. Website Hits per Month, Late 2005 to Present.

CRASH DATA ANALYSIS

One ideal indicator of a successful impact of the Teens in the Driver Seat Program on young drivers would be reductions in the frequency and/or rate of traffic crashes and casualties among the target population that are related to the program. As with most programmatic safety efforts, attainment of this goal is very difficult to quantify. The problems encountered with using crash measures of effectiveness encountered by most programs, especially in the short-term, e.g., small sample sizes, high short-term variability, difficulty in ascertaining causal relationships, etc., are compounded by the current lack of up-to-date crash and casualty data in Texas.

The most recent certified statewide crash data available are from calendar year 2001. Somewhat more recent data, through 2005, are available from the Fatality Analysis Reporting System (FARS). In addition to being insufficiently contemporaneous for assessing programs that did not begin until after 2005, these data only include crashes and casualties resulting from events in which at least one person died. Clearly, fatal crash involvement provides the most compelling

cause for concern about the safety of young drivers. Such crashes, however, are also the most infrequent and, in short-term, small sample situations (e.g., evaluation of the frequency of crashes before and after program implementation at individual schools), the most susceptible to variability from year to year that cannot be attributed to program impacts.

The following examples of currently available data illustrate the problems of using crash data, especially that limited to fatal crashes. Table 8 provides a summary of the most recent three years of citywide FARS data for two active areas of Teens in the Driver Seat programs, San Antonio and Garland.

	San Antonio			Garland		
	2003	2004	2005	2003	2004	2005
15-19 year-old drivers involved in fatal crashes	15	41	20	3	5	3
15-19 year-old drivers killed	5	16	12	1	1	0
15-19 year-old drivers serious injuries in fatal	5	7	7	2	2	1
crashes (incapacitating + non-incapacitating)						

It is possible that the decrease from 2004 to 2005 in both young driver involvement in fatal crashes and in the number of drivers killed in San Antonio could be attributable, at least in part, to TDS activities in San Antonio in 2005. However, the similar decrease observed in Garland cannot be linked to TDS – Garland's TDS program did not begin until 2006.

The current effort was not successful in obtaining and analyzing relevant crash information from local municipal sources as originally proposed. This failure, however, should not discount the potential of such sources in the future. Unless and until extremely focused local crash information is available in a very timely manner, analysis of crash and casualty data is unlikely to serve more than an ancillary role in evaluation of TDS programs.

Apart from locally obtained data, the Crash Records Information System (CRIS), designed to provide enhanced efficiencies to capture, manage, and deliver timely and accurate data in Texas, provides the opportunity, when fully implemented, to resolve many of the timeliness and completeness issues currently hindering the use of crash data for program planning and evaluation. Like its predecessor, the Texas Accident Record, CRIS will include all levels of crash and casualty severity. Although CRIS will not resolve the aforementioned problems related to the applicability of crash data, new data compilation strategies in concert with the anticipated improvement in data timeliness facilitated by CRIS will increase the likelihood that crash and casualty analysis can play a significant role in TDS evaluations. Examples of potentially productive compilation strategies being considered include the use of crash location coding that is more specific (e.g., ZIP code, distance from target schools, etc.) and the use of Driver Record data maintained by the Department of Public Safety (DPS) to identify specific individuals involved in crashes. The latter approach must be developed in cooperation with DPS to satisfy both legal and ethical considerations related to the use of Driver Record information.

Despite all of the current difficulties in effectively using crash data for TDS evaluation, the most current (2005) and historic data from FARS does provide a broad overview of young driver

problems in Texas. Figures 7 through 15 provide a selective overview of the fatal crash involvement in Texas among the 15-19 year-old cohort that closely mirrors the target population of Teens in the Driver Seat programs. In addition to all fatal crash involvement among this age group over a 10-year period, data are shown relevant to crashes and casualties associated with several of the issues stressed in TDS programs, notably, speed, alcohol, young passengers with young drivers, and nighttime driving.



















CHAPTER 3. CONCLUSIONS AND RECOMMENDATIONS

While the lack of available crash data prevents a clear answer to the most common question: "Does the Teens in the Driver Seat Program save lives?", there is considerable evidence that the program is having a positive influence, namely by improving awareness of the top risks faced by teen drivers, improving their driving behavior, and that the program is becoming increasingly popular among teens. Data gathered to date indicates that teens involved in the TDS Program: 1) have improved levels of awareness (40 to 200+ percent) related to the top risks faced by teen drivers; 2) exhibit higher seat belt usage rates (+11 percent overall); and 3) exhibit lower usage of wireless devices while driving (30 percent less). With an increase in website traffic of over 1,500 percent in the past 18 months, a current average of 20,000+ website hits per month, and positive post-program interview feedback from teens involved in the initiative, the program also shows clear evidence of increasing popularity and use.

The data gathered through the course of these recent evaluations point out some important facts about the program's most effective near-term focus in future development and deployment. These data indicate that males are more likely to take part in some risky driving behaviors (e.g., speeding and lower seat belt usage rates) than females, and that teens living in rural areas have much higher exposure rates to the greatest risks facing teen drivers. With "rural" teens being three times more likely to speed, twice as likely to talk on their cell phone or "text" while driving, and driving at night much more frequently than "urban" teens, outreach to teens in rural areas and future TDS Program materials should be adjusted accordingly.

REFERENCES

Allen, J.P., Porter, M.R., McFarland, C.F., Marsh, P.A. and McElahny, K.B. (2005). *The Two Faces of Adolescent's Success with Peers: Adolescent Popularity, Social Adaptation, and Deviant Behavior*. Child Development, 76, 747-760.

Baker, S.B., Chen, L.H., and Guohua, L. (2007). *Nationwide Review of Graduated Driver Licensing*.

Carskadon, M.A., Mindell, J.A., and Drake, C. (2006). *National Sleep Foundation*, 2006 Sleep in *America Poll-Teens*.

Center for Injury Research and Prevention at the Children's Hospital of Philadelphia, and State Farm. (2007). *Driving: Through the Eyes of Teens*.

Gregersen, N.P. (1996). Young Car Drivers: Why Are They Over-Represented in Car Accidents? Swedish National Road Institute.

Lerner, R.M. and Steinberg, L. (2004). Handbook of Adolescent Psychology.

National Academies. (2007). *Preventing Teen Motor Crashes*. Contributions from the Behavioral and Social Sciences: Workshop Report.

National Research Council and Institute of Medicine. (2006). A Study of Interactions: Emerging Issues in the Science of Adolescence, Workshop Summary.

Pack, A.I., Pack, A.M., Rodgman, E., Cucchiaria, A., Dinges, D.F., and Schwab, C.W. (1995). *Characteristics of Crashes Attributed to the Driver Having Fallen Asleep.*

Pezoldt, V.J., Womack, K.N., and Morris, D.E. (2007, April) *Parent-taught driver education in Texas: A comparative evaluation*. Final Report to the National Highway Traffic Safety
Administration, DOT Contract No. DTNH22-02-D-85121, Task Order 2. (DOT Report No. DOT HS 810 760). Washington, D.C.: National Highway Traffic Safety Administration.

Williams, A.F. (2006). Young Driver Risk Factors: Successful and Unsuccessful Approaches to Dealing with Them and an Agenda for the Future.

APPENDIX:

ATTITUDINAL SURVEYS

TEENAGER SURVEY

This survey is being conducted by the **Texas Transportation Institute** to help develop programs to reduce teenage driving fatalities. The information you provide will be kept *strictly confidential* and used only for general statistical purposes. Please provide answers (as best you can) whether you currently drive or not -- your opinions and feedback are important! Your cooperation in providing this information is greatly appreciated.

Other than a lack of driving experience, name five factors that contribute to teenagers being hurt (or killed) in a car crash (fill in the blank):	1	2	3	4	5	
,						
How often have you done the following things within the past six months? (Check only one box for each question.) A Few						
	Very Often More than 10 times	Often 5-10 times	Times 3-5 times	Infrequently 1-2 times	Never	
Driven a vehicle with one or more other teenagers in it <i>without</i> anyone over the age of 21?						
Ridden in a vehicle driven by someone who was a teenager <i>without</i> anyone over the age of 21 in the vehicle?						
Driven after 10 p.m. at night <i>without</i> someone over the age of 21 in the vehicle?						
Talked on a cell phone while driving?						
Text message (read or sent) while driving?					_	
Driven without a seat belt?						
Driven 10 miles per hour or more over the posted speed limit?						
"Street-raced" anyone?						
Driven with passengers who did not wear a seat belt?						
Driven after having had alcohol to drink (even just one drink)?					_	

31

Driven after taking over-the-counter medicine that causes drowsiness (such as Benedryl)?

Driven after taking illegal drugs?

32

Got lost or confused while driving in your local area?

Got lost or confused while driving outside of your local area?

	YES	NO
Please answer "yes" or "no" the the following:		
Do you have a driver's permit?		
Do you have a driver's license?		
Did you go through a formal driver education course as part of your driver training?		
Did you take a Driver's Education course from your parents?		
Did you take an on-road driving test with a law enforcement officer before receiving your driver's license		
Do your parents allow you to drive alone on a regular basis (at least once per week)?		
Have you ever received a traffic ticket? If yes, please indicate type(s)		
o Speeding		
• Following too closely		
 Running a red light or stop sign 		
o DUI		
o Other (explain)		

Please rate the following as to their *positive* impact on your personal driving habits:

	Somewhat				
	Very Effective	Effective	Not Effective	Not Applicable	
Driver education materials					
Time spent driving with a parent					
Driver education course					
Other (explain)					

...

How much influence would the following have on your driving behavior?

33

	A lot	A little	None	
Comments from friends				
Comments from adults				
Reports of friends or classmates involved in serious accidents				
Reports of other teenagers (but not friends or classmates) involved in serious accidents				
Better instruction on driving practices Temporary suspension of driving privileges by parents or guardians				
Insurance rate increase				
Traffic citation				
License suspension				
		5-10	<i></i>	More than 20
	Less than 5	miles	11-20 miles	miles
Approximately how many miles do you drive in an average day?				
		10 - 50	50 - 100	
	0 - 10 hours	hours	hours	more than 100
Before you had a license, approximately how many hours do you think				
you had spent driving:				
with your parent(s) in the car?				
with an instructor in the car?				
with friends in the car?				
by yourself? at night?				
6				
Since you got your license, approximately how many hours do you think you have spent driving (in total)?				
with your parent(s) in the car?				
with an instructor in the car?				
with friends in the car?				
by yourself?				
at night?				
Have you had a friend or family member seriously injured or killed in a traffic of				
	□ Yes	Ц NO (\$	Skip next question)	
What was the person's relationship to you (for example: friend, brother, paren	t, etc.) and their age	at the time of tl	he crash?	
	a. Age:	b. Relat	tionship:	

What are your suggestions on how to reduce *teenage* driver traffic crashes?

How familiar are you with the Graduated Licensing Law in Texas ? (for example: no driving after midnight, limited number of teen passengers	□ Not at all , etc.)	□ A little	o Very familiar	
How much has the Graduated Licensing Law in Texas impacted your driving habits?	□ Not at all	□ A little	□ A lot	
If the new Graduated Licensing Law has influenced your driving behavior,	please briefly explain how	Ι.		
What's the most unsafe thing you've done while driving a vehicle?				
Please provide the following information to help us categorize your a	nswers to the previous	questions:		
What is your gender?	□ Male		emale	
What is your age?				
How old were you when you got your: permit?	license? doe	s not apply _		
What grade are you in?	□ 9 th Grade	□ 10 th Grade	□ 11 th Grade	□ 12 th Grade
What High School do you attend?				

Thank You!

34